30-Day Declutter Challenge

One small task each day. More room for what you use.

Start on any date. Aim for 10-15 minutes, and adjust each task to your home.

Started: _____ Finished: _____

DAY 01 ☐ Check a small section of hanging clothes	**DAY 02** ☐ Sort your underwear drawer	**DAY 03** ☐ Choose one type of accessory	**DAY 04** ☐ Review a few pairs of pants or jeans	**DAY 05** ☐ Make a decision about one unworn item
DAY 06 ☐ Sort one group of shoes	**DAY 07** ☐ Match and check your socks	**DAY 08** ☐ Sort your everyday utensils	**DAY 09** ☐ Check one shelf of pots and pans	**DAY 10** ☐ Clear one section of the junk drawer
DAY 11 ☐ Declutter one pantry shelf	**DAY 12** ☐ Review one shelf of dishes or glassware	**DAY 13** ☐ Choose mugs or water bottles	**DAY 14** ☐ Match food storage containers and lids	**DAY 15** ☐ Clear one coffee table or end table
DAY 16 ☐ Review one shelf of books or media	**DAY 17** ☐ Reconsider the decorations on one surface	**DAY 18** ☐ Sort one hobby or toy bin	**DAY 19** ☐ Clear your nightstand	**DAY 20** ☐ Clear one section of your dresser top
DAY 21 ☐ Open one under-bed container	**DAY 22** ☐ Clear your bathroom counter	**DAY 23** ☐ Check your stored medicines	**DAY 24** ☐ Sort one group of towels or sheets	**DAY 25** ☐ Declutter one desk drawer
DAY 26 ☐ Choose one small digital task	**DAY 27** ☐ Clear one area of your car	**DAY 28** ☐ Work on one spot where clutter returns	**DAY 29** ☐ Move outgoing items along	**DAY 30** ☐ Revisit one space and choose a habit

Swap tasks that do not apply. Resume where you left off if you miss a day.

For the daily instructions, clothing exceptions, and safe medicine disposal guidance:

organizeeveryroom.com/30-day-declutter-challenge/