BEDROOM Cleaning

DAILY	
MAKE YOUR BED	
OPEN CURTAINS AND BLINDS	
PUT AWAY CLOTHES	
CLEAR NIGHTSTAND SURFACES	
QUICK FLOOR SCAN	

WEEKLY	
CHANGE AND WASH BED SHEETS	
DUST ALL SURFACES	
Disinfect High-Touch Areas	
Clean Mirrors and Glass	
WIPE DOWN HEADBOARD	
SWEEP THOROUGHLY	
EMPTY TRASH	
CARE FOR BEDROOM PLANTS	
DUST CEILING FAN	

MONTHLY	
WASH BEDDING	
CLEAN WINDOWS AND CURTAINS	
SPOT CLEAN WALLS	
CLEAN LIGHT FIXTURES	
CLEAN VENT COVERS	
Dust the Closet Shelves	
Reorganize Drawers & Nightstands	

SEASONAL	
ROTATE AND CLEAN YOUR MATTRESS	
DEEP CLEAN ALL BEDDING	
DEEP CLEAN WINDOWS AND TREATMENTS	
REPLACE OR CLEAN AIR FILTERS	
DEEP CLEAN RUGS AND CARPETS	
DECLUTTER AND ORGANIZE CLOSET	
VACUUM UNDER BED/ BEHIND FURNITURE	
CLEAN BASEBOARDS AND TRIM	

NOTES	